

Fall-Free Fact

with the Area Agency on Aging District 7 (AAA7)
and Shawnee State University
Occupational Therapy Program

Sometimes our homes make doing everyday activities such as cooking and laundry more risky with regard to falls. Learn more about falls prevention tips for the the kitchen, stairs and laundry room by watching our recorded education on Facebook or visiting our website at www.aaa7.org - click on the "Fall-Free Fridays" box and look for the information for the November 13th episode.